

Bowls

- Chicken Tikka Masala Bowl (GF, DF)** 12.95
marinated chicken cooked in tomato and cashew cream
curry on basmati rice
- Green Grill Shahi Chicken Bowl (GF, NF)** 12.95
tender chicken cooked in aromatic rich creamy sauce
on basmati rice
- Paneer Tikka Masala Bowl (VEG, GF)** 12.95
fresh indian cheese cooked in tomato and cashew
cream curry on basmati rice
- Veggie(kofta) Tikka Masala Bowl (VG, GF)** 11.95
vegetable meatballs cooked in, tomato and cashew
cream curry on basmati rice
- Chana Masala Bowl (VG, GF, NF)** 10.95
chickpeas cooked in delightful masala curry on
basmati rice
- Burrito Bowl (VG, GF, NF)** 12.95
sautéed mushroom chicken, black beans, rice, lettuce, red bell
peppers, cucumber, radish, beets, mango salsa & chipotle sauce

Super Bowl Salad (VG, GF)

Large - 13.95

Small - 8.95

tender greens, mango, cucumber, red bell pepper, beets, onion,
radish, carrots, golden raisin, pecans with citrus vinaigrette

Add chana patty or moong patty - \$2.00 & chik'n - \$4.00

Burger & More

- Crispy Chik'N Sandwich (VG, NF)** 13.95
oyster mushroom encrusted with chickpeas flour on grilled
bun with house sauce, greens, cucumber, onion & tomato
- Mushroom Chana Burger (VG, NF)** 12.45
sprouted chickpea patty on a bun with garlic herb sauce,
garlic mushrooms, lettuce, cucumber, tomato & onion
- Golden Moong Burger (VG, NF)** 12.45
sprouted moong patty on a bun with chipotle sauce,
garlic mushroom, lettuce, cucumber, tomato and onion
- Chipotle Chik'N Tacos (VG, NF)** 12.95
sautéed mushroom meat with black beans, on grilled corn
tortilla with greens, mango salsa & zesty chipotle sauce
- Crispy Veggie ball Tacos (VG, NF, GF)** 11.95
veggie meatballs on grilled corn tortilla w/ lettuce,
mango salsa, onion, radish & zesty chipotle sauce

Appetizers - Sides

- Samosa 2-piece (VG, NF)** 7.95
the triangular shaped crispy crust filled with savory
potato and peas, chutney
- Samosa Chaat 2-piece (VG, NF)** 8.95
smashed samosa with chana masala, tangy chutneys,
spices and crunchy garnish
- Crispy Cauliflower Tempure (VG, NF, GF)** 12.95
Crispy cauliflower florets served with chipotle sauce
- Potato Cakes - Aloo Tikki (VG, NF, GF)** 7.95
potato, herbs and spices grilled to perfection and served
with chutney
- Aloo Tikki Chaat (VG, NF, GF)** 8.95
Potato cakes with chana masala, tangy chutneys, spices
and crunchy garnish
- Seasoned Fries (VG, NF, GF)** 4.95
- French Fries (VG, NF, GF)** 3.95

Naan - Plain 2.25 / Garlic 3.25 Roti (VG) 1.25

Dessert

- Raspberry Chocolate Cheesecake (GF, VG)** 7.95
guilt free mouthwatering raw cheesecake on almond,
walnut & date crust, with perfect cream of cashew,
coconut, cacao, agave topped with raspberry sauce
- Blackberry Cheesecake (GF, VG)** 7.95
New York style creamy cheesecake on almond,
walnut & date crust, with rich cream of cashew,
coconut, agave, vanilla topped with blackberry sauce
- Mango Kulfi (GF, VG)** 7.95
Indian style dairy free ice cream made with cashews,
mango, agave, cardamom and pistachio garnish
- Cookie Dough Bites (GF, VG) One - 1.95 / Four - 6.95**
cashew, cinnamon, oats, maple syrup, vanilla and
chocolate chunks

Green Grill
Eat Healthy - Feel Healthy!

www.greengrillrestaurant.com Ph: 916 -898-2896
3191 Zinfandel Drive #3, Rancho Cordova CA 95670

à la carte

- Chicken Tikka Masala (GF DF)** 12.95
- Green Grill Shahi Chicken (GF NF)** 12.95
- Paneer Tikka Masala (VG GF)** 12.95
- Veggie(kofta) Tikka Masala (VG, GF)** 11.95
- Chana Masala (VG, NF, GF)** 10.95
- Basmati Rice** 2.95
- Garlic Naan** 3.25
- Plain Naan** 2.25
- Ayurvedic Kitchari (VG, NF, GF) - 7.95**
savory porridge made with quinoa, millet, lentil,
ginger, tomato and immunity booster spice

Drinks & Ayurvedic Teas (decaf)

- Black Berry Sage lemonade** 4.25
- Turmeric Lemonade** 4.25
- Mango Lemonade** 4.25
- Tulsi Tea** 3.45
- Be Slim Tea** 3.45
- Immunity Booster tea** 3.45

Lattes - Hot / Over Ice

- Golden warrior (decaf) (VG)** 5.95
house made cashew milk, turmeric, coconut sugar,
cardamom
- Chai Latte (VG)** 5.95
house made cashew milk, Baagan chai spice,
black tea, coconut sugar
- Chai Latte (decaf) with rooibos tea (VG)** 5.95
- Turkish Coffee (VG)** 5.95
house made cashew milk, instant coffee, dandelion
blend, coconut sugar, cardamom
- Beet Velvet Latte (decaf) (VG)** 6.45
rejuvenating frothy latte with cashew milk, beets,
fresh turmeric, coconut sugar and spices.
- Peaceful Panda (VG)** 5.95
house made cashew milk, matcha powder,
coconut sugar, ginger powder

GF - Gluten Free / VG - Vegan / VEG - Vegetarian / NF - Nut Free / DF - Dairy Free